



AL-FARABI KAZAKH NATIONAL UNIVERSITY

Department of Recreational geography and tourism

Bases of Tourismology

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Module 1

Theoretical bases of tourism geography

Lecture 1

Defining the main concepts

WORKING TIME AND NON WORKING TIME

- **Time to meet natural needs (as sleep, nutrition, personal hygiene etc)**
- **Time for transportation to work or study**
- **Time for domestic needs or social contacts**
- **Free time or leisure time for physical, intellectual development, for hobbies and rest**

FUNCTIONS OF FREE TIME

- **Recovering and rehabilitation**
- **Development**

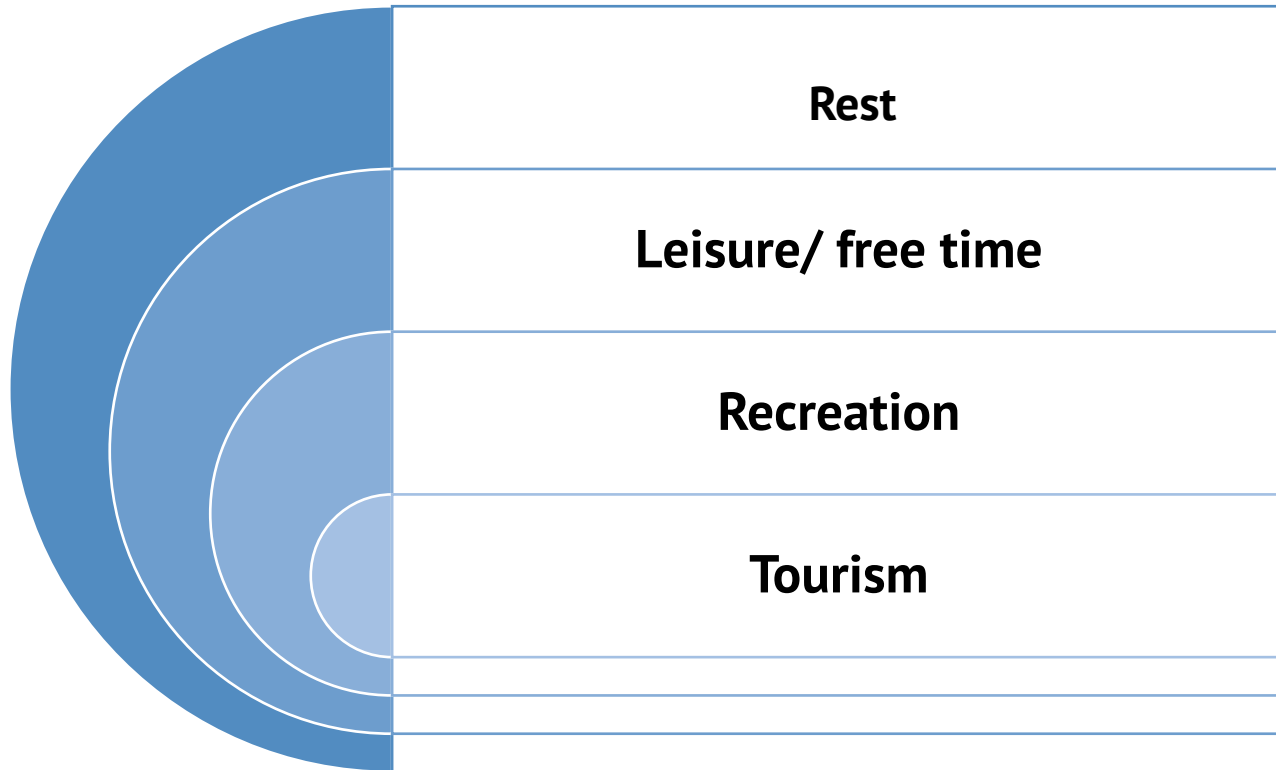


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Interrelation of concepts



- According to ***N.Mironenko & I.Tverdokhlebov*** rest is any human activity which is not aimed to satisfy physiological needs.

Leisure

«Leisure is therefore best seen as time over which an individual exercises choice and undertakes activities in a free, voluntary way».

D.T.Herbert (1988)

«Free time or leisure in the broad sense of the word is any human activity that is not aimed at satisfying basic needs. It acts as a selective form of human life in the aspect of the rest».

S.R.Erdavletov (1991)

Leisure

- *Leisure as a period of time, activity or state of mind in which choice is the dominant feature;*
- *Leisure an objective view in which leisure is perceived as the opposite of work and is defined as non-work or residual time;*
- *Leisure a subjective view which emphasizes leisure as a qualitative concept in which leisure activities take on a meaning only within the context of individual perceptions and belief systems and can therefore occur at any time in any setting.*

Leisure by J.Stockdale (1985)

RECREATION AND TOURISM

Recreation – is combination of different etymological meanings: «recreario (lat.)» - restoration, entertainment, change of action, which excludes labour activity and characterises the prostration associated with this actions.

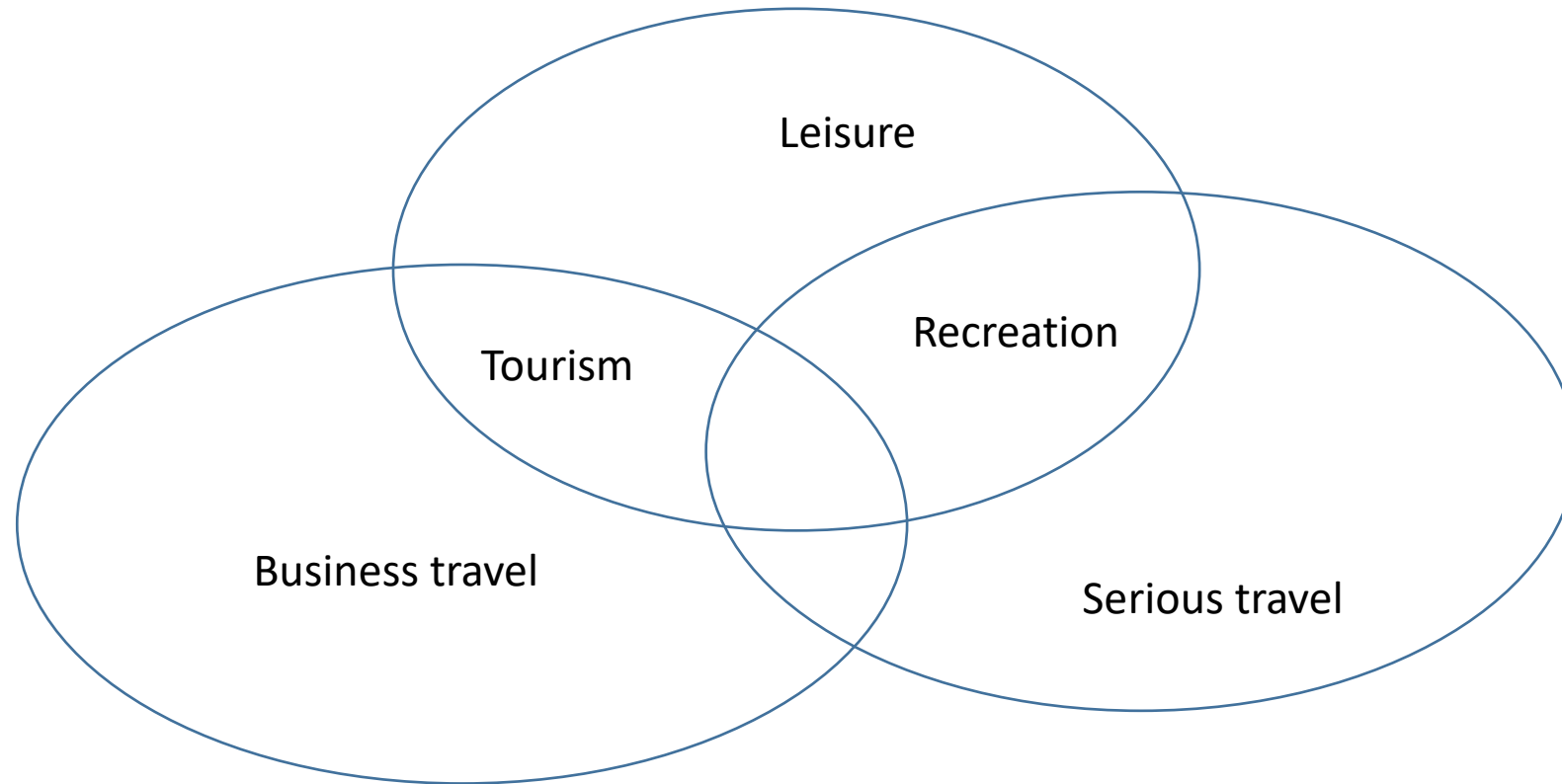
«Recreation is a rewarding activity taken willingly and for no financial remuneration. The activity is taken to recreate oneself and can involve anything from sitting in a chair listening to a record to climbing the ice face of a mountain».

Craig-Smith & Collier (2000)

«Recreation is an interaction of phenomena and relationships which were the result of using leisure time in the treatment, wellness, cognitive, culture -entertainment and sport activities»

N.Mironenko & I.Tverdokhlebov (1981)

RELATIONSHIP BETWEEN LEISURE, RECREATION AND TOURISM



Tourism

«Tourism comprises the activities of persons traveling to and staying in places outside their usual environment for not more than one consecutive year for leisure, business and other purposes».

United Nations World Tourism Organization

«Tourism is a set of phenomena and attitudes concerning travel and short stays of people outside of their permanent residence that were not done for financial profit»

V.Huntsiker & K.Krapf

EXCURSION

Excursion (lat.) – promenade, walking, visiting attractive sights. It is visiting places outside of usual residence in purposes of travel less than 24 hours or one day.



FUNCTIONS OF RECREATION

Biomedical

Political

Environmental

Socio-cultural

Economic

Recreational needs: definition and classification

Recreational needs are the needs of a person in restoring health and ability to work, physical and spiritual forces spent in the process of life activity

Public recreational needs

defined as the needs of society in the restoration of health and ability to work, the comprehensive development of the physical and spiritual forces of all its members

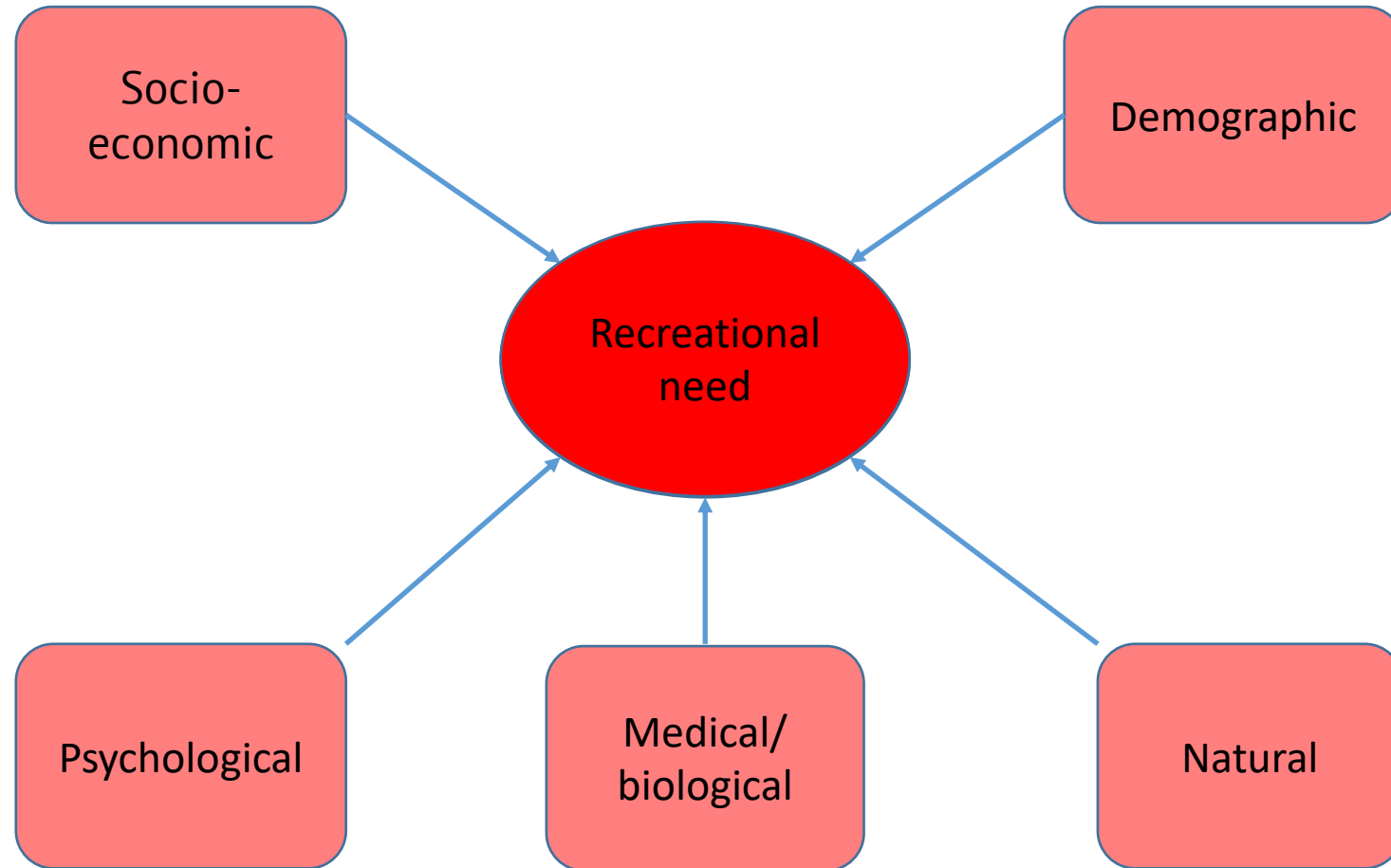
Group recreational needs

reflect the content of the needs of certain socio-demographic, occupational and age groups of the population

Individual recreational needs

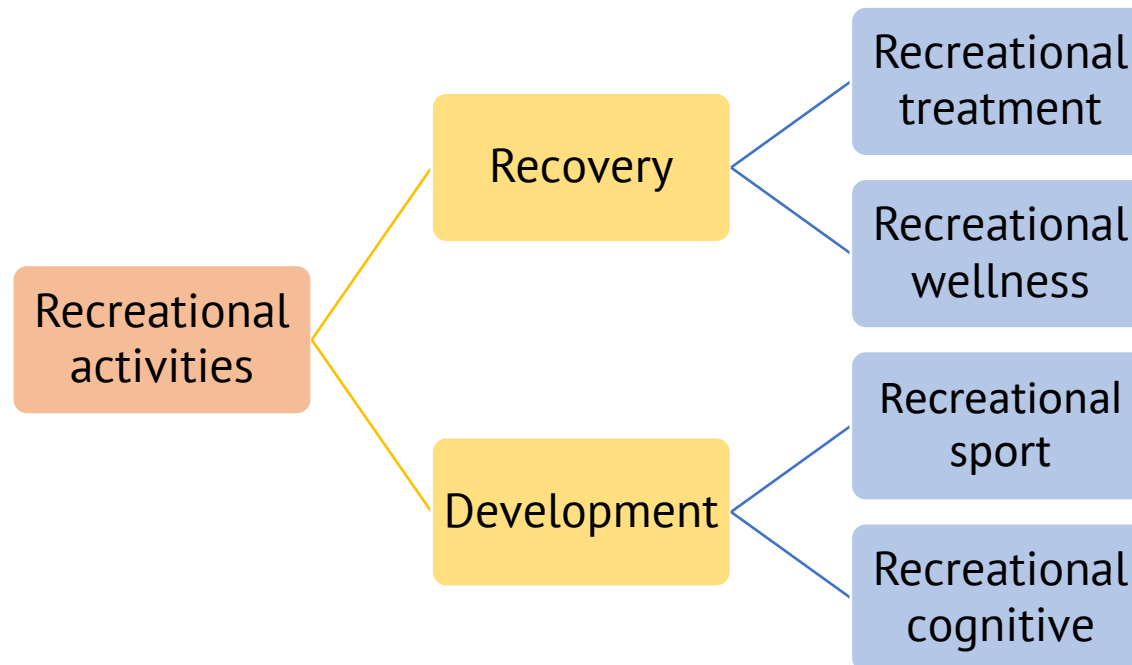
include the demand for a variety of recreational activities that contribute to the restoration and development of human health, relieve fatigue and expand working ability, knowledge, spiritual communication of the individual

FORCES AND FACTORS INFLUENCING TO FORMATION OF RECREATIONAL NEEDS



RECREATIONAL ACTIVITY

Recreational activities – free time activities, directing to restoring and developing the physical, psychological and cognitive abilities of the person. Person to satisfy his/her recreational needs does recreational activity.



TERRITORIAL RECREATIONAL SYSTEM

Territorial Recreational system – is social geographical system. It has number of functions aiming to recovery, rehabilitate of physical and psychological forces of human. It consist of next elements:

- **Natural and cultural complex**
- **Technical infrastructure**
- **Staff members**
- **Management body**
- **Recreants**

Recreational geography vs Tourism geography

Study object

- Relationships between recreants and nature complexes
- Rational use of natural resources for rest
- Spatial location of territorial recreational systems

Study object

- Role of tourist activities in formation of industry
- Economic aspects of travel and tourism
- Social – cultural aspects of travel and tourism

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